

## A Brief Analysis of the "Speaking" Phenomenon in the Results of College Physical Education Evaluation

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**Abstract:** Ttraceability, investigation, literature and other methods are used to analyze the causes of the "speaking" phenomenon in the results of university sports evaluation and propose countermeasures. The main reasons are as follows: 1) Institutional requirements and interest drive are the subjective reasons for the phenomenon of "speaking the feelings"; 2) The inferior environment of physical education in schools, families and society is the phenomenon of "speaking the situation". The root cause of the university; the university sports evaluation mechanism itself is not perfect. It is the objective reason for the "speaking of the subject" to produce the "speaking" phenomenon; the main countermeasures: 1) correctly understand and deal with the "speaking" phenomenon in the results of university sports evaluation; 2) Continuously improve the university physical education curriculum system; 3) University physical education should implement the fundamental task of "moral education and people cultivation" to jointly create a healthy, harmonious and efficient classroom teaching atmosphere.

### 1. Introduction

In the 50th round of "The Romance of the Three Kingdoms", "Zhu Gelian's wisdom is calculated by Hua Rong, Guan Yun Changyi's interpretation of Cao Cao" records: Guan Yu put Cao Cao, Zhuge Liang to be disposed of according to the military order. Liu Bei was able to read the "Taoyuan Sanjeyi" alliance, and personally came forward to "speak love." In front of the power, Zhuge Liang gave the human sentiment as an excuse for "night view of the sky, Cao Cao's gas is not exhausted". Thus, in connection with today's "speaking of feelings" phenomenon, similar to Guan Yu's "thinking the law", Liu Bei's "power of law", Zhuge Liang's "respective law" and other phenomena, there are many examples. It can be seen that the foundation of interpersonal relationship in China is the structural framework of acquaintance society, and the socio-cultural structure system characterized by identity is in contrast with the socio-cultural structure system characterized by contract in Western countries. In other words, China has always been a traditional country that values love. What is love, psychologists say that "love" is the experience of whether an objective thing meets the needs of human beings; philosophers believe that "love" is both a subjective reflection and the key to the progress of human society. "Emotion" can be either personal, collective, or the whole society. Therefore, there are personal emotions, group emotions, social emotions, and national emotions. People are living, working and learning driven by "love", and "love" is closely related to people's daily lives. In other words, "love" has something to do with morality, purpose, and value. In the pure land of colleges and universities, there is no shortage of "speaking". Therefore, in the implementation of the fundamental task of "Lideshuren", that is, rethinking the question of "what kind of people and how to train people" in our basketball teaching, aiming at the past and recent "Sports and Health" basketball It is of practical significance to study the phenomenon of "speaking" in the teaching of options.

### 2. Preliminary Investigation on the Phenomenon of "Speaking Emotion" in the Results of Project Teaching Evaluation

The "speaking" in the results of the teaching evaluation of college sports refers to the phenomenon of "speaking" to the class teacher after the end of the project teaching evaluation, due

to failing grades or unsatisfactory results. When college students "speak", their thoughts are simple and their purpose is clear. They just want to pass the "speaking of feelings" and make the original "failure of grades" and "satisfaction of grades" become the possibility of "achievement of achievement" and "satisfaction of grades". In line with the age and psychological characteristics of college students, unlike the complicated society, "speaking love".

In combination with the teaching experience in the school, and through the telephone, WeChat and other means to get in touch with the external school, respectively, to serve as the teaching evaluation teacher of the three local ethnic colleges and universities, two local colleges and four higher vocational colleges in Sichuan Province. The results are presented in an anonymous and non-quantitative manner to maintain the interests of the "speaking subject" and the school. First, the project appraisal teaching practice, nearly four years of "intercede" phenomenon on the rise compared with the past; second, the frequency of occurrence of three local ethnic other universities is relatively high, four Vocational and Technical College Second, the two colleges in the Mainland are second. Third, the main body of "sexuality" of girls is much higher than that of boys. Fourth, the main body of "sexual feelings" of minority girls is slightly higher than that of Han girls.

In January 2019, a school official must choose the "University Sports and Health" course project to enter the final exam stage (hereinafter referred to as "project teaching" or "project teaching evaluation"), a college girl Li Moumou because of "running basket" "[1] The score is nearly 20 seconds from the "standard time" and the face is "speaking": "Buy basketball at your own expense, there is a video of practice. Because there is no foundation, the test is not playing well, please ask the teacher to work hard." Don't let me 'hang the subject?"; a college boy Wang Moumou completed the "running basket" in the excellent "standard" time of 16 seconds, but the technical movement is completely wrong, and please present the sports committee member Chen XX and the senior students who are playing basketball jointly verified the movement technique as the examiner, and the judgment result was exactly the same as that determined by the teacher and did not reach the passing standard. In this case, it is not Chen's classmate who wants to "speak", but the teacher wants to say "love" to him: "If the problem is in time, not technology, it can be understood-"; traced back 10 years ago The relevant leaders of the secondary college failed the sports performance of one of their graduates. In the gap between their enlarged meetings, faced with the requirements of the leaders of the hospital to pass the sports performance of their students, it is difficult to put down the teaching of university sports. Thinking about the style of "speaking love" in the evaluation.

The main ways for college students to "speak" can be summarized into five types: first, the parties directly "speak" to the teacher; secondly, please ask the good teacher to "speak"; third, "one wave" girls A boy "speaks"; fourth, finds an acquaintance in the society to "speak"; fifth, there is also "speaking" from the department in which the client is located.

### **3. Reasons for the "Speaking" Phenomenon in the Project Teaching Evaluation**

Institutional requirements and interest-driven are the subjective reasons for the phenomenon of "speaking emotions". The Ministry of Education issued the "Basic Standards for Physical Education in Colleges and Universities" issued by the Ministry of Education on June 11, 2014 [2014] No. 4 document reaffirming the hard rules for those who fail to pass the sports performance and who cannot graduate. Its fundamental purpose is to improve college students' understanding of the importance of sports, reverse the decline of college students' physical fitness, strengthen the management of physical education in colleges and universities, and strictly study the school; on June 21, 2018, the party secretary and minister of the Ministry of Education Chen Baosheng was in the new era. In the speech of the National Undergraduate Education Work Conference, "Strict process evaluation allows students to spend more time on reading and achieve more effective learning. It is necessary to strictly control the export and change the students to graduate easily. The situation, the real connotation construction, quality improvement is reflected in the learning outcomes of each student" [2]. At the same time, sports performance is continuously included in the basic conditions for the enjoyment of college students and the enjoyment of scholarships. These measures have made some college students who have not paid much attention to the project

teaching become uncomfortable, so that a very small number of college students have subjectively directly or indirectly expressed their feelings to the physical education teachers in the case of failing the project teaching evaluation or the unsatisfactory results. "The phenomenon. In addition, college students are not active in sports options, blind choices, and the result of some students being forced to choose the option is another subjective reason for college students to produce "speaking" phenomenon. In short, institutional requirements and interest-driven are the subjective reasons for the "speaking of the situation" phenomenon.

The inferior environment of physical education in schools, families and society is the root cause of the phenomenon of "speaking emotions". The basic education stage is influenced by the "baton" of the promotion. On the one hand, the practice of taking school physical education classes or the dissatisfaction of the substantive content of the school physical education class is seen by the junior and senior high school graduates. My heart is not strange, I am used to it. However, children with strong rethinking consciousness will be touched and have independent judgments when they are growing up. On the other hand, parents who are not sick are the bottom line or standard of physical health. Or "as long as you do a good job of learning, nothing else can be ignored" and other educational concepts or methods, the negative impact on the junior and senior high school graduates at this stage is not only physical, but also comprehensive, both profound. It will also be painful. Under the guidance of this educational concept, even if the school attaches importance to "study period sports", the school is always in a passive state. Students are used to "he is the law" that is supervised and arranged by teachers, while family sports loses "he is the law." The problem has fundamentally divided the synergy of physical education. Third, in society, the lingering concept of "heavy intelligence and light body" is still widespread. For example: "Sports teachers are discriminated against" [3]; "Sports is the facade of the school", "It is important to have a game, don't play without a game", "The most important resource for the school is sports" [4]; Twelve years of physical education does not teach students" [5]; and the "sense" from the department of the party in this topic, etc., are the voices that scholars make when studying school sports problems. "Thinking and light body" concept; therefore, some scholars simply put forward the "University Sports and Health" course in the end there is "discipline"? These inertial thinking about the discriminative physical education classes from the school, the family, and the society have caused the quasi-high school students and prospective college students to have a bias in understanding and understanding the importance of physical education. Therefore, we can't help but say that the students who came to the university have the phenomenon of "speaking" in the evaluation of project teaching, which is understandable. The status of physical education in the minds of quasi-high school and prospective college students is caused by the influence of the lingering concept of "heavy intelligence and light body" in the basic education stage. "Learning mathematics and physics, I am afraid that 'going' will not be the world." Therefore, the physical education environment in schools, families and society that is alienated and bad is that it is impossible to have "speaking" in the language and mathematics courses of any school segment, and there is a phenomenon of "speaking" in the university physical education class. The root cause is.

The evaluation mechanism itself is not perfect enough to be the objective reason for the phenomenon of "speaking the emotion". First, because most of the "University Sports and Health" courses use the project teaching mode (2 to 3 independent option mode), some project evaluations use quantitative evaluation under the guidance of "standards", and objective evaluation indicators dominate, such as the ball. Class; some project teaching evaluation uses qualitative assessment under the guidance of "standards", and subjective evaluation indicators are dominant, such as aerobics and martial arts. A professional administrative class is scattered in the physical education class of the project and its teachers, resulting in objective quantitative evaluation and subjective "sexualized" evaluation results. The scores of the former are far less than the unfairness of the latter. It is an objective factor that leads to the phenomenon of "speaking" after the students with poor foundations are compared in the horizontal (comparative comparison). It is also the main reason for the "satisfaction" to produce "speaking".

Second, the project teaching evaluation is a form of book-opening, which means that the content

and standards of the assessment are announced at the beginning of the semester. Those who fail in the coming period have another chance to make up for the exam. However, due to the assessment results (volume 60% or 70%) peacetime scores (attendance and performance 30% or 40%) ratio [6], the worst and hardest classmates, ultimately in the total The scores of progress are not reflected, and the value of progress scores is not reflected in the value of process evaluation. Conversely, students with better foundations may not be able to pass the usual results. This is the second objective factor that leads to the phenomenon of "speaking" after the students with poor foundations are compared in the vertical direction (comparison within the class).

Third, due to environmental conditions and the influence of teachers, some schools cannot produce a sufficient number of projects, which is the third objective factor that produces the phenomenon of "speaking".

#### **4. Countermeasure of "Speaking Emotion" Phenomenon in Project Teaching Evaluation**

Correctly recognize and deal with the "speaking" phenomenon in the project evaluation. The phenomenon of "speaking" in college students is not accidental. The purpose is clear. Although it has caused some negative effects within a certain scope, it is fundamentally rethinking the physical education of colleges. "What kind of people are being trained and how? The issue of cultivating people has a certain warning effect. The phenomenon of college students' "speaking feelings" in the evaluation of sports project teaching has certain enthusiasm: First, it reflects the results of the university sports teaching and management to implement the "Basic Standards for Physical Education in Colleges and Universities" without compromise; second It reflects the increasing emphasis on the physical education class and the level of understanding of the university and college students, and the concept is changing. Thirdly, it is conducive to further deepening the reform of university physical education. We must take this as an opportunity to combine the spirit of the National College Education Conference. We must adhere to the "people-oriented" and "health first" ideas, and we must "take the original" and promote the 'four regressions' and eliminate them. Water class, create 'golden class', clear 'cleaning test', strengthen curriculum thinking, manage education, service and educate people, comprehensively enhance the "teaching" ability and "education" consciousness of college physical education teachers, fully implement The fundamental task of "Lide Tree People" respects the legitimate and standardized sports teaching demands under the premise of their own efforts, and opposes the "speaking feelings" that they get for nothing. In particular, the issue of "speaking" from the department in which the party is located must be taken more seriously. Therefore, rationally understand and correctly handle the "speaking" phenomenon in the project teaching evaluation.

Continuously improve the teaching evaluation mechanism. It is an indisputable fact that the project evaluation "standard" is not authoritative. Fortunately, the development of China's youth sports skills level standards and test methods (1 to 9) [1], fundamentally bid farewell and changed the history of university project teaching evaluation without reference to the national standards for "self-made". Due to the variety of teaching content, especially the ball project, it has long plagued many problems of the "three big ball" professional teachers, such as what to teach, what content is most important, what to test, what technology can be tested, what skills can be The question of the review has become clearer because of its authoritative Standards in the field. Taking this as an opportunity, according to the "Standards", we will do a good job in the docking, promotion and improvement of the project teaching evaluation, and avoid the "problem" phenomenon that will affect the project's teaching evaluation into the national "standardization" era. In addition, pay attention to the evaluation of the dominant subjective project, it is necessary to arrange the peer-to-peer mutual evaluation method according to the conditions, and appropriately increase the proportion of the process evaluation. We must also avoid the extremes of abusing the "quantitative" assessment. We must understand that "not all valuable can be quantified, nor is it all energized and valuable" [7].

The construction of an integrated physical education curriculum system has a long way to go. Due to the lack of guidance of the integrated curriculum system in China for a long time, taking

basketball as an example, the teaching content of each school section is too much. On the one hand, the national "standard" [1] basketball entry level 1 girls are half-time sprinting 21.50 seconds is qualified. Self-made "standard" college girls pass the basket for 28 seconds, even if this is the "standard", there are still questions about the "standard" of girls. It can be found that the university stage is still solving the basic problems that have already been solved. On the other hand, the basic tactical or tactical basic application items listed in the syllabus or teaching plan of many universities are basically on paper. It is purely an ideal of teaching, which leads to the fact that the "three big balls" tactical literacy of college physical education teachers in China is generally not high. At the same time, it is also one of the reasons why some college students like a ball and do not like a ball class. The blueprint of the integrated physical education curriculum system proposed by scholar Yu Sumei has enabled us to have a relatively complete and clear understanding of the imaginary integrated physical education curriculum structure system: "This study will initially focus on large, medium and small (young) physical education curriculum. The integrated positioning is vertical and horizontally consistent -" [8]. If the same semester in different regions of the country can be basically established within 3-5 years, even the content of the same grade students' learning and development is relatively consistent [8], then the project teaching will be fundamentally changed, and the project teaching will be "speaking". The probability of occurrence of the phenomenon will decrease gradually. More importantly, a similar problem like "Twelve years of physical education will not teach students?" will be fundamentally resolved. As suggested by the Sumei scholars: "University positioning is the application period, which should be self-contained-" [8] is very good, but may be positioned too high, because most of the college students' sports core literacy and sports The cultural heritage is far from the positioning, and it is still a height that tends to be idealized. The emergence of phenomena such as "speaking" is a true reflection of the basic state of college sports. The construction of an integrated physical education curriculum system is the only way and long-term goal for the sustainable development of school sports. Whether it is emergency measures or long-term planning, the key lies in the awareness and behavior, determination and decision-making of the top-level design institutions or departments of the curriculum. It also requires the "inherent unity and form combination" of the physical education teachers in each section [8] to promote the university. The teaching of sports projects is developing in a direction that is conducive to health, harmony and efficiency.

## **5. Teachers Should Return to Their Duties and Students Should Return to Common Sense**

Teachers should return to their points to concentrate on teaching and educating people. Teaching should not lose the opportunity to implement the fundamental task of "Lide Tree People". The current task of "cultivating and educating people" is "the virtue of the tree," and "the virtue of the tree" is the embodiment of the meaning of "cultivating people." The fundamental task of implementing the "Lide Tree People" is to make the teaching design process of university physical education teachers dynamically point to the contents of "truth", "good" and "beauty". At present, in the teaching of university sports programs, there are three manifestations of teachers' attitudes when implementing the fundamental task of "Lideshuren": First, some teachers attach importance to the teaching of moral education, for example, when designing the goal of "shooting" teaching courses. The written expression: "The basket is always filled with dissatisfaction, dissatisfaction, and then struggle; if it is dissatisfied, it will make people climb" [9], etc. This is a more specific, prepared, and targeted "Lide Tree Man"; Second, some teachers pay attention to "speaking and practicing more" and are not good at expressing the moral education thoughts. This does not violate the basic principles of physical education and does not violate the guiding ideology of "people-oriented, health first". As long as you consciously and purposefully design the practice of "Lideshu people", the pursuit of technical action is also the embodiment of "artisan spirit". Naturally, it has its honed value, and it can also achieve "Lide". "Tree people" goal; Third, some teachers' "Lideshu people" have a weak consciousness, and believe that the fundamental task of "German education" is purely a matter of ideological and political staff, and has little to do with their own project teaching. Carrying out the "three-round education" is not enough and understanding the inconsistent

performance of "curriculious thinking" and "professional thinking". The first factor that has the greatest influence on college students' thinking, behavior and growth is although it is a professional teacher. However, as a compulsory course, college physical education is not only an important part of "curriculating students", but also a component of "all-round" education. section. If we despise moral education in the teaching of sports, it is possible that after the emergence of a problem similar to the phenomenon of "speaking", the improvisation of virtue education means weakness, content appears pale, and even the extremes of accusation or sarcasm The language makes the "speaking of feelings" rise to be "reasonable" and hastily ended. Therefore, General Secretary Xi Jinping said: "Power is a sacred thing" [10], use the power, then the country is fortunate, use the small power, then the people's fortunes. Physical education teachers should also use their rights in their hands. They should not retreat in the face of "speaking feelings" in an unprincipled manner, so that the simple "speaking feelings" can evolve into the complex nature of "sexual feelings" and obey the students' thoughts of "getting nothing". Violation of the original intention of college physical education. On the contrary, we should not miss the opportunity to intersperse education with morality as the teaching process unfolds. For example, according to the results of the evaluation of the project, there may be an expectation of "speaking" and a prepared and targeted education. Let college students know that only through their own efforts to achieve the goal of teaching evaluation, so deep sense of the sense of acquisition and achievement through their own efforts, is a valuable and meaningful experience process to educate students and fully implement "The fundamental task of Lide Shuren fully reflects the spirit of the academy's "altitude of dedication". Only in this way can university physical education become healthier, more harmonious, more meaningful and more valuable.

Students who want to return to common sense aim to study hard and study hard, and work hard to lay a good foundation. "The middle school, happy university" is a realistic description of the two educational stages. However, college physical education is just the opposite. If the physical education class in the middle school examination period is "free leisure", then the university physical education class is strict. The rigor of the university physical education class is precisely in the "leisure" of the physical education class in the middle school examination period. One of the newly graduated college students had such feelings: "The university seems to have not learned anything, but the body has become much stronger." Therefore, a large number of college students have been born and raised. This is the reflection of the "secondary school, rigorous university sports". The phenomenon of "speaking emotions" is also the product of the rigorous background of university sports. Youth is used to struggle, and the era of college sports credits can be easily mixed. University physical education teachers will not arbitrarily trample on the bottom line of professional ethics and want to hang who can hang, and will not casually give An administrative score is easy to get rid of, and things are as simple as that. It is not an easy task to lay a good foundation for the body, develop sports habits, and establish an intellectual image. It also requires hard work and hardships and setbacks. Therefore, to lay a good foundation for the body should also be an integral part of the "return to common sense" of college students. "University physical education should become an ethical social practice of meaning generation and value construction" [10]. In short, morality is a painstaking statement of "love" and the system is a long-term punishment. With the continuous deepening and development of higher education reform, with the continuous advancement of quality education and the wide application of modern information technology and modern educational technology, there are four kinds of classroom teaching, teacher role, student status, and teacher-student relationship. The change has given the university's physical education teachers the mission of "Lide the Tree Man".

## 6. Conclusion

The main reason for the "sexual feeling" phenomenon is not completely attributed to the college students, but more objectively through the analysis of the problems existing in the teaching of university sports projects. However, this does not mean that the reason for college students to "speak" is sufficient. It is hoped that contemporary college students can become active supporters,

defenders and understanders of project teaching evaluation work, and should not become driven by material interests. Under the "speaking". Let them work together to create a healthy and harmonious teaching atmosphere for college sports.

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